



## Diabetes Follow-up Checklist

- Eye exam annually
- Microalbuminuria screen annually (start ACE if present)
- Hypertension screen annually (start ACE if present)
- Foot inspection, podiatry if needed
- Hemoglobin A1C every 6 months, goal < 8
- ASCVD risk estimation
- Lifestyle modification (smoking, weight loss, diet, exercise)
- Medication (metformin first line)