



## Postpartum Progress Note Template

Patient is \_ y/o G\_P\_ postpartum/or post op day \_ s/p spontaneous vaginal delivery or C/S at \_wks  
\_ /7 days

CC: any new issues or complaints for the patient

Review: pain, bleeding, fevers/chills, vulvar pain, urinary issues, breast/bottle feeding.  
If C-section: pain control, incision, +/- flatus, +/- BM, tolerating diet, ambulating?

Physical Exam:

- Vitals: Temp, HR, BP, RR, O2 sat%, I's/O's
- General: No acute distress
- Lungs: Clear to auscultation bilaterally
- Cardio: normal rate and rhythm
- Abdomen: [undus - firm, tenderness, location relative to umbilicus

Bleeding: lochia scant, moderate. Odor ?

Perineum: healing, swelling, etc

Extremities: swelling, pain, Homan's +/-

If C-section: dressing is clean, dry, and intact, incision well approximated, etc

Assessment: \_ y/o G\_P\_ postpartum/post op day \_ s/p spontaneous vaginal delivery/C/S at \_wks  
\_ /7 days complicated by;

Plan: continue routine postpartum/post op care

- Ambulation, Diet
- Pain management
- If Breastfeeding consultation with lactation specialist as needed.
- Blood type/Rubella, Tdap status and vaccinate as indicated with consent
- Check CBC
- Contraception
- Other orders specific to patient
- Disposition