



Newborn Exam Template

Vitals	<p>Temp ____, HR ____, BP ____, RR ____</p> <p>Weight: ____ g, ____ % Length: ____ g, ____ % Head Circumference: ____ cm, ____ % Chest Circumference: ____ cm, ____ %</p>
General	Describe resting posture, activity, gross abnormality, color (pink, cyanotic/acrocyanotic, pale mottled)
Skin	Texture, lanugo, vernix, meconium staining, icterus, hemangioma, nevi, rash, excoriation, petechiae, bruises.
Head	General shape, molding, caput, cephalohematoma, sutures (over-riding, separated), craniotabes. Fontanel - anterior, posterior (presence, size, flat/full). Texture of hair.
Eyes	Edema, conjunctival or anterior chamber hemorrhage, discharge. Size of eye; cornea, iris normal? Lens clear? Red reflex present? Retina visualized? PERRL?
Nose	Internal and external nares patent? Septum midline? Drainage present?
Ears	Cartilaginous development of the ear lobe, position of ears, shape of auricle (normal/abnormal), preauricular pit or skin tags. External auditory canal patent.
Mouth	Palate (intact, narrow or high arched), Epstein's pearls, mucosal cysts, teeth, tongue (size, position), frenulum, uvula.
Chin	Micrognathia.
Neck	Trachea position. Masses (thyroid, sternocleidomastoid, etc.), cysts, sinus tracts, movement, nodes.
Chest	Symmetry. Breast buds (measure diameter in mm). Clavicles intact? Supernumerary nipples? Axillary adenopathy
Lungs	Retractions, flaring, grunting, tachypnea, auscultation (rales, rhonchi, wheezes)



CVS	PMI, rhythm, rate (tachycardia, bradycardia). S1, S2 (amplitude equal? S2 split?). Murmur (quality, intensity, duration, relation to cardiac cycle, radiation, location of maximum intensity). Peripheral pulses - femoral, brachial, radial (amplitude, equality, simultaneous). Peripheral perfusion (capillary filling time)
Abdomen	Shape, muscle tone, number of umbilical vessels, hernia/diastasis. If palpable, note size and consistency of liver, spleen, kidney, or other masses. Inguinal adenopathy?
Genitourinary	Female- size of clitoris and labia, masses in labia, hymenal tags, discharges, abnormalities in voiding. Male - urethral meatus patency and position, chordee, testicular descent and scrotal development (i.e., rugae only on inferior aspect, or surface completely covered with rugae and pendulous in appearance). Hernia or hydrocele, abnormalities in voiding.
Anus	Patency, anal wink, normal/ abnormal stooling.
Extremities	Symmetry, ROM, abduction of hips, position of hands and feet. Number, shape, length of digits, length of nails, palmar creases normal? Subcutaneous tissue normal?
Spine	Sinus tracts, sacral dimple, scoliosis.
Neurologic	Tone: [active, flaccid, etc] Cry: [character, intensity, frequency] Behavior: [alertness, wakefulness, irritability, consolability, cuddliness] Paralysis: [facial, brachial, etc] DTRs: [knee, ankle, plantar, triceps, biceps]
Reflexes	Suck Grasp (palmar/plantar) Pacing Cross extension Root Tonic neck Stepping Glabellar tap Moro Galant Rotation Palmar-mentum
Other	Estimated Gestational Age: EDC, Dubowitz/ Ballard Exam, Obstetrical Prenatal Assessment