

Patient is _ y/o G_P_ postpartum day _ s/p spontaneous vaginal delivery at _wks _/7 days

CC: [any new issues or complaints for the patient]

Review: [pain, bleeding, fevers/chills, urinary issues, breast/bottle feeding. If C-section: +/- flatus, +/- BM]

Physical Exam:

- Vitals: [temp, HR, BP, RR, O2 sat%, I's/O's]
- General: [No acute distress]
- Lungs: [clear to auscultation bilaterally]
- Cardio: [normal rate and rhythm]
- Abdomen: [fundus - firm, tenderness, location relative to umbilicus, lochia (scant, moderate). If C-section: dressing is clean, dry, and intact, incision well approximated, etc]

Assessment: _ y/o G_P_ postpartum day _ s/p spontaneous vaginal delivery at _wks _/7 days with uncomplicated labor course and delivery

Plan: continue routine postpartum care

- Ambulation
- Diet
- Blood type/rubella status
- Check CBC
- Contraception
- Address any other issues
- Disposition